



THE HEART FAILURE CENTER.COM

Your source for up-to-date information on Heart Failure, it's causes, treatments, and latest news

Questions to Ask Your Doctor about Heart Failure

1. Why do I have Heart Failure?
2. Based on the Heart Failure Center.com I think I know what my NYHA class is, how would you classify my HF?
What should I expect?
3. Have I had my heart imaged within the last six months? If I did, what is my EF (ejection fraction) and how are my heart valves?
Is my EF getting better, staying the same, or getting worse and over what period of time?
What does that tell you?
4. Are there any recommendations in the latest AHA (American Heart Association) and ACC (American College of Cardiology) Heart Failure Guidelines that I might benefit from but am not getting?
5. Are there recommendations that I don't tolerate or can't qualify for in these Guidelines?
6. What other conditions do I have that accompany Heart Failure?
7. Do I have atrial fibrillation, and if so, would I do better if we cured it?
8. How are my kidneys?
9. Am I on an ace-inhibitor, beta-blocker, diuretic, digoxin, angiotensin II receptor blockers, calcium channel blockers, aldosterone antagonist, or potassium?
If not, should I try one or more of them?
10. Are my beta blockers and ACE titrated or adjusted to target levels?
11. Am I a candidate for any therapeutic procedures that could improve my condition?
For example, placement of a rhythm controlling device (pacer) a defibrillating device or valve surgery.
12. Am I someone who might be headed for a heart transplant?

This information is not intended to replace the advice of a doctor. The Heart Failure Center does not provide medical advice, diagnosis or treatment. The contents of The Heart Failure Center Site ("Content") are for informational purposes only. The Content is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition or any symptoms you may have. If you think you may have a medical emergency, call your doctor or 911 immediately.

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